

The Preuss School

UC SAN DIEGO

HAPPY THURSDAY, SCHOLARS! REMEMBER
THE PREUSS WAY IS KINDNESS, RESPECT,
AND EXCELLENCE. HAVE A GREAT DAY!

QUOTE OF THE DAY:

"There is no real aloneness. There is solitude and the
nurturing silence that is relationship with ourselves, but
even then we are part of something larger."

— Linda Hogan

SAT WORD:

plethora(n): extreme excess

Important Reminders

- Students that do not come in dress code will now be asked to turn in their phones for the day in exchange for a loaner shirt or bottoms. Please plan accordingly so as to maintain the school dress code.
- AirPods and headphones must be put away before entering campus.
- EARLY BIRDS- Students who arrive to campus earlier than 8:25, please remain in the amphitheater area away from Arc clubs and classrooms

THE PREUSS INSIDER

A newspaper made by students,
for students of the Preuss School UC San Diego



Preuss Spirit Expressed In A Week



Preuss Presents its 2023 Fall Formal



Preuss Welcomes New Vice Principal,
Ms. Brown



AP Biology Ventures Into San Diego
Safari Park



Preuss Marine Biologists Explore
Birch Aquarium



New Period Product Dispensers
Installed In All Girl Bathrooms

PREUSSINSIDER.COM

PODCASTS, NEWS, ENTERTAINMENT, & MORE
MAKE SURE TO CHECK OUT YOUR PEERS ARTICLES!

 @preussinsider



FEEDING SAN DIEGO

List of Dates



- August 10, 2023
- August 24, 2023
- September 14, 2023
- September 28, 2023
- October 13, 2023
- October 27, 2023
- November 3, 2023
- November 17, 2023
- December 8, 2023
- January 12, 2024
- January 26, 2024
- February 2, 2024
- February 23, 2024
- March 8, 2024
- March 22, 2024
- April 5, 2024
- April 19, 2024
- May 3, 2024
- May 17, 2024
- June 7, 2024

MTS Trolley Rider Insider Info

Please take a moment to learn about the MTS "See Something, Say Something" information. Click the MTS icon to read! If you need assistance when riding the trolley, you can text 619-318-1338 or call MTS dispatch at 619-595-4960. Put these important numbers in your phone so you have them available anytime you ride the trolley.



Parents, is it challenging to have difficult conversations with your teen? Teens, do you feel that your parents don't understand you or don't listen to you?

Join us



All Middle & High School Aged Youth and/or their Families are Invited to Attend

WHAT I WISH MY PARENTS KNEW

TUESDAY, DECEMBER 5TH | 5:30PM-7PM
At Canyon Hills High School

Connect with other parents and teens!

Learn from each other!

Express yourself!

One of the best ways to understand someone's perspective is through building a relationship with that person. Join us for an evening of perspective and relationship building between parents and teens!

Participants will engage in small group discussions coming together at the end for reflection and connecting!

Light dinner provided!

REGISTER TODAY!



QUESTIONS OR FOR MORE INFORMATION CONTACT:
Chiles: @sagsandiego.org
Fellow San Diego Military Family Collaborative on:
@sdmifam
North Central Teen Recovery Center
TURN Behavioral Health Services
S.D.M.F.C. SAN DIEGO MILITARY FAMILIES COLLABORATIVE
NorthCity

CONGRATULATIONS TO THE 8TH-GRADE CLASSES FOR WINNING THE ATTENDANCE CHALLENGE FOR THE MONTH OF OCTOBER!

They won the Attendance Challenge with an amazing attendance of 97.54%. All the 8th grade students are treated to ice cream on Friday, December 1 during Block 4 (Sponsored by Preuss PTA).

The event will be held in the amphitheater from 3-3:45 pm.

Our next winner of the November Attendance Challenge will be announced at the end of the month. Get ready; you may be the next winner!

Pride of PREUSS

PRIDE OF PREUSS



"The Pride of Preuss" is an extraordinary initiative that spotlights the exceptional achievements of eight senior scholars. These scholars have served as remarkable ambassadors, not only for their school but also as advocates for higher education and the values of a substance-free lifestyle.

These eight scholars have ventured beyond their school, visiting multiple elementary schools to share their inspiring stories representing Preuss pride. Through their compelling narratives and accomplishments, they serve as living examples of the transformative power of education at Preuss.

"The Pride of Preuss" program, in its dedication to showcasing these scholars, plays a pivotal role in influencing future students. They demonstrate that through hard work, dedication, and the pursuit of knowledge, one can achieve remarkable success while staying true to a healthy and responsible way of life.



Club Announcements

Rock and Mineral Club

"Attention Middle school students! The minerals and geology club will be hosting their first meeting on A-day Friday's at Lunch in room A103. Join us this week for our first meeting! 6-8th grade students and teachers with Middle school lunch are welcome!"

Interact Club

Are you looking for community service hours and ways to give back to your community? Look no further because we can help you with that. Meet us during LUNCH every TUESDAY in Room D201 to get involved!

APIA Club

Are you interested in hosting events, dancing, or learning about Asian Pacific Islander culture? If so, come join us every WEDNESDAY during LUNCH in Room D203. Everyone is welcome!

Film Club

The movie for the month of November/December will be The Princess Bride based on William Goldman's novel, "The Princess Bride." Directed by Rob Reiner and released in 1987, The Princess Bride is a fairy tale adventure following a young woman and her one true love. This film combines elements of comedy, romance, adventure, drama, and fantasy in one piece. So if you're a "sucker for a happy ending," come join Film Club in E203 during HS lunch on Wednesdays!

Dance Club

Are you interested in learning how to dance? Join us every Monday and Thursday afterschool in Room T102. We will learn different styles spanning from Hip Hop to Contemporary. Everyone is welcome!

Black Student Union

Black Student Union (BSU) invites you to join us every Thursday during high school lunch in E101 for fun games, spirited debates, and a safe place to navigate life!

Club Announcements

Volleyball Club

Volleyball Club Meets every Friday from 4-5 in front of B103! Meet us there!

Multicultural Club

Multicultural Empowerment Club will be meeting on Thursdays for the last week of November and all month in December during HS lunch in room D203.

Science Olympiad

@PREUSSSCIOLY

JOIN SCIENCE OLYMPIAD!

QUESTIONS?
MR. FOZI
C202

BUILD TOWERS AND ROCKET LAUNCHERS, DECRYPT SECRET MESSAGES, SOLVE CRIMES WITH SCIENCE EXPERIMENTS, AND MORE! WE COMPETE IN EVENTS RELATED TO A VARIETY OF STEM FIELDS! COME JOIN THE TEAM! WE MEET WEDNESDAYS @ 4:15PM IN C202.

The graphic features a blue and white background with a gear and a sun-like pattern. Below the text are two photographs: one showing a student in a white shirt assisting a student in a dark blue shirt at a table, and another showing a group of students working together at a table with laptops and papers.

Finance Club

FINANCE CLUB

Tuesdays & Wednesdays | 4-5 pm | C201

Join us to learn about the financial literacy topic of the month:

Paying for College

The graphic has a dark blue background with white and yellow text. It includes an icon of a diploma with a star and a pink piggy bank wearing a graduation cap.



Celebrating

NATIVE AMERICAN HERITAGE MONTH

Today marks the last day of Native American Heritage Month, so let's end our Heritage Month entries with some local organizations that support the Native community in San Diego!

Southern California American Indian Resource Center (SCAIR): SCAIR is a non-profit community-based tribal organization, established in 1997 under the authority of P.L. 93-638, the Indian Self Determination and Education Act of 1976. SCAIR's mission is to provide career, educational, cultural, mental health and supportive services to Native Americans/ Alaska Natives/ Hawaiian Natives and their families, throughout San Diego County.

Strong Hearted Native Women's Coalition, Inc: Strong Hearted Native Women's Coalition, Inc. was founded in 2005 to bring awareness against Sexual Assault, Domestic Violence, Youth Violence, and Stalking in North County of the San Diego County. The purpose of this coalition is to enhance the capacity of survivors, advocates, Indian women's organizations, and victim services providers to form nonprofit, nongovernmental tribal domestic violence and sexual assault coalitions to advance the goal of ending violence against American Indian and Alaskan Native women.

San Diego American Indian Health Center (SDAIHC): The San Diego American Indian Health Center (SDAIHC) is a non-profit, patient-centered health home that provides comprehensive medical, dental, behavioral health, and community wellness services that are available to all San Diegans. The Mission of San Diego American Indian Health Center is to promote excellence in health care with respect to custom and tradition. Our goal is to reduce the significant health disparities San Diego's Urban American Indian and under-served populations by improving the excellence of care, resulting in increased life expectancy and improved quality of life.

